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Holistic development at TAR College



Physically and mentally-challenging activities featured at the Leadership Development Camp help students to build their character.

IN today's competitive global economy, competency in studies and also the mastery of soft skills are pertinent for one to rise to the demands of industries and to achieve success.

Throughout the years, Tunku Abdul Rahman College (TAR College) graduates have always been sought after by employers from various industries because the institution offers holistic education.

The college is committed to instill in students positive personal values and to provide a conducive environment for character development, with the goal of producing graduates who are not only academically competent, but also emotionally intelligent, resilient and able to adapt to challenges.

Through its student affairs department, the college conducts a myriad of sports and extra-curricular activities, as well as various workshops and seminars that provide enriching learning opportunities for students to enhance soft skills such as communication, critical thinking and problem solving, which are increasingly demanded by employers.

The annual Leadership Development Camp is one such activity organised by the department which helps students in their personal development. This year, the adventure-filled three-day camp at Dusun Eco Resort in Bentong, Pahang, was a valuable learning

experience for 120 student leaders.

Principal Yoong Lai Thye, in her speech at the launch of the camp, encouraged the participants to make full use of the opportunity to add value to themselves. "Leaders are not born; they are trained to lead. The knowledge and soft skills picked up from participating in such a camp must be applied and put to good use," said Yoong.

Aptly themed "Breaking the Limits", the camp featured physical and mind-challenging activities that help participants to build their character. The training programmes placed emphasis on team-building and problem-solving, which enabled the students to understand the meaning of perseverance and

team effort.

Participant Ong Yin Yin, who is the secretary of TAR College Taekwondo Club, found the camp an enriching experience. "I have learnt more about tolerance, communication and perseverance," said Ong.

Another participant Lim Kah En, who is the vice chairperson of the TAR College Student Sports Committee, said: "I have discovered that everyone is capable of something and has hidden talents."

TAR College takes in students in January and May every year. It is having its Open Day from today until Sunday, from 9am to 5pm, at all its campuses. For further information, visit www.tarc.edu.my.



TAR College students learn team-building at the annual Leadership Development Camp.



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